

Provisions



**FAST MENU
2019**



109 Jefferson Ave.
Liberty Village, Toronto

info@provisionsto.com

GRAZING STATIONS

FANCY CHEESE BOARD 🍷

Wash-rind 1608, Stilton Blue Cheese, Brie de Meaux, Smoked Cheddar, Beamster

Nuts and Fruit
Blackbird Sourdough Bread
Preserves

FANCY MEAT BOARD 🍷

Prosciutto, Coppa, Salumi, Chorizo, Country Speck

Vegetable Pickles
Marinated Olives
Blackbird Sourdough Bread

FANCY DIPS

Smoked Hummus, Charred Ricotta Eggplant, Sunflower Seed Romesco

Heirloom Tomato
Heirloom Carrots
Watermelon Radish
Cucumber
Romanesco
Seeded Lavash Cracker

FANCY FRUIT

Chef's selection of exotic and local fruit

PISSALADIERE

balsamic caramelized onion, roasted tomato, arugula, parmigiano reggiano

FAST MENU

BREAKFAST

Boulangerie Pastries 🌿

croissants, pain au chocolat, danishes and scones with vanilla chantilly

Probiotic Yogurt and Natural Grains 🌿

chia seed and quinoa granola, berries, wildflower honey

BC Smoked Salmon 🌿

pickled red onions, lemon, radish, whipped cream cheese, cucumber

Organic Hens Egg Frittata 🌿

ricotta, roasted red pepper, mushroom, spinach, tomato, asparagus

Grandma's Pancakes

berries, vanilla chantilly, quebec maple syrup

Breakfast Hash 🌿

bacon, fried egg, avocado

Provisions Fast Sandwich

english muffin, smoked pork belly, fried egg, sriracha, cheddar

SALADS

Field of Greens 🌿 🌿

asparagus, heirloom carrot, pickled cucumber, wildflower honey and lemon vinaigrette

Kale Caesar

sourdough croutons, parmigiano reggiano, crispy capers, candied bacon (optional)

Asian Chopped Salad 🌿 🌿

napa cabbage, fried shallots, edamame, daikon radish, red onion, cucumber, soba noodles

Roasted Cauliflower 🌿 🌿

roasted grape, almond, pomegranate, parsley

Maple Roasted Beet Salad

monforte dairy feta, orange, fennel, pumpkin seed

ON BREAD

*Gluten free bread available upon request

Charcuterie + Fromage

prosciutto, salumi, fontina, arugula, heirloom tomato, gherkin mayo, kozlik's mustard

Grilled Chicken Breast

multigrain, avocado, heirloom tomato, pumpkin seed romesco, seasonal greens

Kozlik's Mustard Roasted Beef

pretzel bun, Ottawa valley gruyere, caramelized onion, horseradish mayo

Smoked Turkey Breast

rye bread, smoked bacon, emmental, apple butter, piquillo pepper, seasonal greens

Roasted Red Pepper 🌿

sourdough, portobello, pesto, pickled onion, seasonal greens

Dairy Free 🌿
Gluten Free 🌿
Contains Nuts 🌿
Vegan 🌿

FAST MENU

HOT FOOD

Korean Grilled Short Ribs 🍴 🌿
toasted sesame seed, anaheim chili, green onion

Jerk Chicken 🍴 🌿
coleslaw, pickled mustard seed, thyme

Miso Black Cod 🍴
baby bok choy, toasted sesame seed, wasabi mayo

Alaskan King Salmon 🍴
yogurt, dill, kale, almond, pomegranate

Spiced Jumbo Shrimp 🍴 🌿
mango relish and green onion

Prime Rib Roast
demi glace, coriander and honey glazed carrot, yorkshire pudding

Burnt Honey Lime Chicken 🍴
tomatillo and jalapeno relish

Wild Mushroom Ragu
tomato, thyme, white wine

Provisions Lasagna
bolognese, fresh ricotta, basil

Baked Mac and Cheese
elbow mac, jalapeno, tomato, breadcrumb

SIDES

Brussel Sprout Okonomiyaki 🍴
bonito, kewpie, green onion

Roasted Patatas Bravas 🌿
tomato, chili, parmesan, parsley

Dirty Fried Rice
shitake, fried egg, togarashi

Blistered Shoshito Peppers 🌿
fermented black bean vinaigrette, sesame seed

Grilled Rapini 🌿
lemon, chili, garlic

Green Beans
caesar, parmesan, sourdough crumble, popcorn

Soup of the day
Provisions seasonal soup
*vegan, dairy free and gluten free options available

SWEETS

Chicago Popcorn 🌿
cheddar and caramel

Heirloom Carrot Cake
saffron, coconut, butter cream

Black and White Brownie
hazelnut praline, torched marshmallow, caramel

Baked Cookies 🍴
assorted flavours

Apple Crumble
sage, burnt honey, walnut

Pavlova 🌿
Tahitian vanilla pastry cream, passionfruit, kiwi, strawberry, mint

BEVERAGES

HOT DRINKS

Propeller Coffee

Tucked away in Toronto's Junction district and steps from Bloor St. you'll find Propeller Coffee Co., a small batch, specialty roaster that specializes in sourcing and roasting the world's best coffee.

Pluck Tea

Pluck is known as a leading source for premium tea in Toronto, and provides signature infusions for leading restaurants, hotels, offices and retail partners from coast to coast in Canada.

COLD DRINKS

Soft Drinks

coke, diet coke, ginger ale, soda water, sprite, tonic water

Juices

orange, cranberry, apple, grapefruit, tomato

Water (Flat)

regular, lemon or lime

Water (Sparkling)

regular, lemon or lime

MOCKTAILS

Seedlip Spice & Tonic

tonic, cinnamon, star anise

Shirley Ginger

ginger beer, lemon, lime, grenadine, maraschino cherries

Cucumber Lime Cooler

coconut and mint

Lavender Lemonade

honey, lemon, lavender

INFUSED WATER

Flavours

cherry, blackberry, goji berry
cantaloupe, honeydew, cucumber
chamomile, cranberry, strawbeberry
watermelon, kiwi, key lime

China, disposable plates, cutlery, buffet tables, linens, napkins, and staff are available upon request for an additional per guest fee.

Please note that our chef would be happy to customize a menu for your event.

Minimum order of 15 per item unless specified otherwise.

All prices do not include applicable taxes or delivery fee.

For all Provisions FAST inquiries, please contact our events team at info@provisionsto.com for further information